IN THE ABSTRACT OF THE DISCLOSURE:

Please amend the abstract as follows:

ABSTRACT OF THE DISCLOSURE

The magnetic disk apparatus includes a magnetic disk for storing thereinto information; a head equipped with a recording conversion element for writing information into the magnetic disk and a reproducing conversion element for reading information from the magnetic—head_disk; an actuator arranged by a suspension for supporting the head so as to move the head on the magnetic disk, and also a drive apparatus for driving the suspension; and a stopper for limiting a movable range of the actuator, whereby a distance between a reproduction element and a recording element is measured and also a track width of the magnetic disk is measured in order to execute a self-servo write operation.